

NUTRITION COUNSELING WAIVER OF LIABILITY / INFORMED CONSENT & CANCELLATION POLICY FORM

JM Wellness, LLC (hereby referred to as Registered Dietitian or "RD"), will do all that is within our knowledge and power as a Commission on Dietetic Registration (CDR) credentialed Registered Dietitian to empower you with the resources necessary to achieve your goals. This may include but is not limited to: nutrition/dietary advice, menu planning and recipes based on the information you provide the RD. The RD will thoroughly explain any and all dietary recommendations before you begin them. Furthermore, the RD will uphold the AND Code of Ethics and may deny service if the requested service is beyond the RD's scope of practice or knowledge. Every effort will be made to refer you to the correct healthcare practitioner.

Because potential food interactions with medications or conditions may lead to serious illness, injury or even death, we urge you to obtain an examination from a doctor before starting services with the RD. Providing any nutrition-related exam information to the RD including lab work would be of benefit and improve service. You agree that you are voluntarily participating in the nutrition-related services provided by the RD and you do so entirely at your own risk and assume all risks including, but not limited to injury, illness, death, and/or personal property damage. By signing below you acknowledge that you understand the inherent risks of nutrition counseling and potential food interactions with medications or conditions.

You acknowledge that you have carefully read this "waiver and release" and fully understand that it is a <u>release of liability</u>. You voluntarily and expressly agree to release and discharge JM Wellness LLC and the Registered Dietitian from any and all claims and waive any right that you may otherwise have to bring a legal action against the aforementioned parties for personal injury or property damage. To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence.

<u>Cancellation Policy:</u> I understand that unforeseen circumstances happen from time-to-time, however everyone's time is valuable, both yours and mine. There is a 12 hour cancellation policy for all scheduled nutrition sessions. Sessions must be canceled by contacting the RD by phone or email within the required time. If a cancellation occurs under 12 hours or there is a no-show at the scheduled time, the client is responsible for a late cancellation fee up to the full cost of the session unless other arrangements are agreed upon in writing between the Registered Dietitian and client. Similarly, if I am ever late or miss a session, I am responsible for providing you that time.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.